



DELICATESSEN – CATERING – RESTAURANT

Orders accepted starting Nov 29

Order deadlines: Christmas Eve & Erev Chanukah Thu Dec 12, 3 pm. New Years Eve Thu Dec 19, 3 pm

– note, pickups on Dec 24 will be by appointment, we are closed Dec 25 & 26

Don't see what you want? Just ask! All prices are per 100g unless otherwise stated

### Proteins

Roasted TURKEY 5-7 kg, random size  
\$130 – \$182 whole, \$150 – \$210 carved  
Roasted CHICKEN \$27/bird in 9 pcs  
CHICKEN Schnitzel \$4.9/  
Roasted ¼ CHICKEN (LEG & THIGH) \$2.1/  
Cooked Sliced Savoury BRISKET \$6.89/  
Sweet & Sour MEATBALLS  
TURKEY or BEEF \$15/per dz  
Poached SALMON \$7.1/

### Appetizing

Bat Mitzvah HERRING \$5.1/  
GEFILTE FISH \$4.35/  
DIP /cup (GARLIC EGGPLANT \$7.25,  
Creamy Roasted RED PEPPER, HUMMUS,  
HARISSA Hot Sauce or SPINACH \$6.5)  
Chopped HERRING \$3.75/  
HERRING Fillets \$3.6/  
SALMON Salad \$4.8/  
LOX (Smoked Salmon) \$12/  
GARLIC PITA Chips \$3.38/

### Chicken Soup and More

CLEAR, NOODLE or W/ CHICKEN &  
CARROT \$12.95 min 0.85L in 1L cont  
KREPLACH: CHIX \$15.3/dz /BEEF \$16.05/dz  
MATZO BALLS \$1.5 ea  
Many vegan & other types of soup available  
SCHMALTZ \$6.50/~6 oz

### Vegetarian

Curried PARSNIP Mash \$4pp – min 2  
Mashed POTATOS \$3pp – min 8  
CHICKPEA Curry \$9.75/16 oz  
PARMESAN ALMOND GREEN BEANS  
\$3.75pp – min 2  
**Vegan**  
Carm ONION & KALE Mash \$3.5pp – min 2  
ROOT VEGETABLES \$3.5pp – min 2  
GREEN BEANS \$2pp – min 2  
Roasted VEGGIES \$5.25pp – min 8  
Roasted POTATOS \$3pp – min 8  
FALAFEL Balls \$1.4 ea, incl tahini – min 12

### Sides

**POTATO LATKES \$2.95/**

**Gunn's Potato Latkes \$15.65/6**  
KASHA & SHELLS \$2.7/  
Chopped LIVER \$3.35/  
KNISHES 19.15/6 (CHEESE - POTATO -  
KASHA - SPINACH & FETA - POTATO &  
MUSHROOM )  
House MEAT KNISHES in 2's or 6's \$50/kg  
House CHIX KNISHES in 2's or 6's \$47.5/kg

### Salads

COLESLAW \$2.6/  
Below: min 4 ppl, even # ppl only  
TOSSED \$3.4 pp

### Salads (cont)

ORANGE ALMOND, CAESAR or GREEK  
\$3.9 pp  
BIG QUINOA (Baby Greens, Chickpea &  
Mixed Veg w/ Maple Mustard Vinaigrette)  
\$4.55 pp

### Dessert

APPLE RAISIN CHALLAH BREAD Pudding  
w/ CARAMEL sauce \$10/pc, enough for 2 ppl  
CARROT CAKE \$6/pc,  
\$60/ whole cake = 12 pc unsliced  
MATZO Crack \$8.75 choc / \$9.75 dressed  
available vegan  
FLOURLESS CHOCOLATE CAKE \$29  
STRAWBERRY COULIS SAUCE \$9

### Gunns

Jambusters \$24/12. \$13.5/6, \$2.5 ea  
Chanukah or Xmas Sugar Cookies  
\$11.75/12, \$6.25/6. \$1.15 ea  
Large Chanukah or Xmas Choc Shapes  
\$46.95/12, \$24.85/6, \$4.60 ea  
Black & White Cookie  
\$42.25/12, \$22.40/6, \$4.15 ea  
Yule Logs \$45  
Fruit Cake \$16.25  
Vinaterta Cake \$25

Ask us to help you put your order together & your call will be directed to Aaron or a message will be taken & he will call you back. Email [aaron@bernsteinsdeli.com](mailto:aaron@bernsteinsdeli.com) or call 204-488-4552 ext 4 with your order, email preferred, will confirm receipt of order within 48 hours or please follow up. Delivery available city wide \$3-15 for Mon-Fri 10 am – 4 pm, subject to availability. Delivery charges depend on amount spent and delivery window (minimum 1 hour window, 3 hours to minimize delivery cost), minimum spend \$50. All deliveries by appointment.